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shown a server computer 118 with a monitor 122 and keyboard 120 controlled by an operator (the physician). The client (patient) possess possesses the plurality of containers 110 with operating mechanisms and a cell phone 112 for communicating with the central exchange 114. The central exchange communicates with the server computer 118 through an internet provider 116 over the internet. and the plurality of containers 110 with operating mechanisms. The container mechanism 110 communicates with the server computer 124 through the central exchange 114. The containers thereby cell phone 112 receives receive event signals through the central station 114 from the program stored in the memory 124 of the server computer 118.

The physician enters the program containing the event schedule into the memory of the server computer. The central processor unit 126, responding to the program and event schedule stored therein, sends signals to the selected container to release an item according to the event schedule stored in the server computer. The alert signal is sent to the cell phone 112 according to the event schedule and operates to prompt the patient to take the item released by the container mechanism.

In view of these and other embodiments within the scope of the invention, I therefore wish to define the scope of my invention by the appended claims.